SEND Newsletter Autumn 2023 Mrs Olenik-Pritchard

Autumn term:

It has been a very busy Autumn term at Lawley and there has been lots to celebrate.

As we head into the Christmas holiday, it's important to remember that whilst it's an exciting time of the year, it can also be a hectic and stressful time of year too. If your family includes a young person with additional needs, it can be even more stressful. Learn to Live created a toolkit with supporting activities that is attached to the email, which you may like to explore.

Listed below are some additional things you might like to try to support your family's Christmas time.

- Keep the peace with a "no bang" cracker.
- Have a "festive free" space somewhere in the house.
- Try using a "break" card to indicate when someone needs a bit of space and a break from it all.
- Prep your extended family talk to family members and friends ahead of time. Discuss your child's specific needs, and how they can support you during the season.
- Give your child a job! Sometimes parents
 have found that giving their children 'jobs' to
 do at Christmas, e.g., take coats, offer
 nibbles etc, gives them something structured
 to do to reduce their stress about having lots
 of people in the house.
- Use visuals to create a timetable of the festive period so children know what is happening, when and where.

My Primary aged boy finds all the food on the table overwhelming, so we let him have his Christmas Lunch in the kitchen by himself before everyone else. Then he is free to play whilst the rest of the family eat.

Lawley Primary School SEND Newsletter



SEND coffee morning



Instead of our usual SEN coffee morning this term, Mrs Robinson and I were available in the Rainbow room during both parents' evenings. We were there for anyone who had questions or wanted additional information about their child's SEN provision and ELSA support, following their normal meeting with the class teacher.

We also offered support and advice to anyone who had concerns about their child's behaviour or mental health.

This was well attended and a good opportunity to talk more specifically about pupil's needs and how to move forward.

We shall be offering this opportunity again next term during the Spring Parents' evenings, so please do pop along.

It is a drop-in session, so no appointment is necessary.

We look forward to seeing you there.

In the Summer term, we shall be organising another coffee morning so look out for some dates.

We wish you all a very Merry Christmas and a Happy New Year.

We look forward to seeing you all in 2024.

External services:

This year, we welcome back Dr Daniel Cumber as our school's supporting Educational Psychologist and a new Learning Support Advisory Teacher (LSAT), Ceri Hurst.

Important Information:

School Support Maps

Your child's teacher will be contacting you in the first 2 weeks back in January to set up a meeting/telephone call. During this time, they will share your child's progress towards the targets on their Autumn support plan and discuss their new plans for the Spring term.

Local services available:

Children's Autism Hub

The Children's Autism Hub is open to all children and young people aged 0 -18, and their families, who have a diagnosis of autism. They offer a range of services that include 'Coffee and Chat Sessions, SEND Support and Play and Primary Fun Sessions'. Please use the link for additional details:

About Children's Autism Hub | Telford Autism Hub

BEAM

Beam is an emotional well-being service for children and young people under 25 years old who are registered with a GP in Shropshire or Telford and Wrekin.

They have drop-in sessions where you can see an Emotional Health and Wellbeing Practitioner and no appointment is necessary.

Please use the link below for more details:

BEAM Shropshire, Telford, Wrekin | The Children's Society (childrenssociety.org.uk)