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|  | Autumn 1*Black History Month**World Mental Health Day*  | Autumn 2*Kindness Day**Children in Need**Anti-Bullying Week* | Spring 1*Children’s Mental Health Week*  | Spring 2 | Summer 1*LBGTQ+ Month**Mental health awareness Week* | Summer 2 |
| Year 1 | Family and relationships (5 lesson) | Expect Respect (1 lesson) | Health and wellbeing (7 lessons) | Citizenship (4 lessons) | Safety and the changing body (6 lessons) | NSPCC lesson 1 Transition (1 lesson) |
| Year 2 | Family and relationships (4 lessons) | Expect Respect (1 lesson) | Health and well-being (5 lessons) | Citizenship (4 lessons) | Safety and the changing body (5 lessons) | NSPCC lesson 2Transition (1 lesson) |
| Year 3 | Family and relationships (5 lessons) | Expect Respect (1 lesson) | Health and wellbeing (4 lessons) | Citizenship (5 lessons) | Safety and the changing body (5 lessons) | NSPCC lesson 3Transition (1 lesson) |
| Year 4 | Family and relationships (5 lessons) | Expect Respect (1 lesson) | Health and wellbeing (7 lessons) | Citizenship (5 lessons) | Safety and the changing body (5 lessons) | Transition (1 lesson) |
| Year 5 | Family and relationships (6 lessons) | Expect Respect (1 lesson) | Health and wellbeing (6 lessons) | Citizenship (5 lessons) | Safety and the changing body (5 lessons) | NSPCC lesson 4Transition (1 lesson) |
| Year 6  | Family and relationships (4 lessons) | Expect Respect (1 lesson) | Health and wellbeing (7 lessons) | Citizenship (4 lessons) | Safety and the changing body (6 lessons) | Identity (2 lessons)Transition (1 lesson) |