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| Happiness Responsibility Friendship Respect Courage |
| RHE |
| Family and Relationships  |
| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| **Families:****Knowledge:**I know who is in my immediate family **Skills:**I can name people in my family  | **Lesson 1***What is family?***Knowledge:**I know families can include different people who look after usI know some information about me and my family is personal **Skills:**I can use the correct names for relations | **Lesson 1&2 (merge)***Families offer stability and love and are all different* *BV – Mutual Respect***Knowledge:**I know the role of the family in my lifeI know families can be made up of different people I know I should respect all types of families **Skills:**I can explain how my family looks after me I can identify different types of families  | **Lesson 1***Healthy families* *BV – Mutual Respect***Knowledge:**I know that families love and support each other but sometimes problems can occurI know there is help available for families if it is needed **Skills:**I can explain ways in which families support each otherI can name people who can help if I am worried about anything in my family  | **Lesson 7***Families in the wider world**BV – mutual respect, tolerance of those with different faiths/beliefs***Knowledge:**I know that families are varied, in this country and across the world I know that no country will have only one type of family**Skills:**I can identify differences and similarities in families in other countries  | **Lesson 3***Marriage**BV – Rule of Law, Mutual Respect, Individual liberty, Tolerance of those with different faiths and beliefs* **Knowledge:**I know marriage is a legal commitment I know that marriage is an individual choice**Skills:**I can give reasons to why people might decide to get married **Lesson 5***Family life***Knowledge:**I know that sometimes families can make children feel unhappy or unsafeI know who can help me or my friends if something is making them feel unhappy or unsafe **Skills:**I can explain why keeping secrets is not a good thing to do  |  |
| **Friends:****Knowledge:**I know how my friends are the same and different from meI know how I can be a good friend**Skills**I can say some differences between me and my friend I can show how to be a nice friend **Working with others:****Knowledge:**I know how to resolve conflict and find a compromise**Skills:**I can work and play cooperativelyand take turns with others.I can form positive attachmentsto adults and friendshipswith peers. | **Lesson 2***What are friendships?***Knowledge:**I know some characteristics that make a good friendI know the importance of having positive friendships **Skills:**I can name some things that I like about my friends **Lesson 3***Recognising other peoples’ emotions**BV – Mutual Respect***Knowledge**I know that people can feel differently from me**Skills**I can recognise when others are feeling sad, worried or angryI can show I care by listening to others and thinking about what they say**Lesson 4***Working with others**BV – Mutual Respect***Knowledge:**I know the feelings we may have about working with different peopleI am beginning to know how friendships can make me feel **Skills:**I can work with people I don’t know very well **Lesson 5&6 (merge)***Friendship problems and healthy friendships**BV – Mutual Respect***Knowledge:**I know that friends can sometimes fall outI know that sometimes I might need an adult to help me solve the problem I know the difference between a friend and friendly behaviour**Skills:**I can explain some ways I can overcome problems with my friends I can explain how being unfriendly can affect other people I can explain what friendly behaviour is  | **Lesson 3***Other peoples’ feeling***Knowledge:**I know that not everyone feels the same**Skills:** I can describe what someone else might be thinking or feeling I can describe how emotions may look on the outside **Lesson 4***Unhappy friendships***Knowledge:**I know that friendships are not always positiveI know people in school who can help me with a friendship problem**Skills:**I can explain what I can do if a friendship is making me feel unhappy  | **Use Expect Respect lesson***Resolving conflict and where to get help**BV – Mutual Respect***Knowledge:**I know that friendships have ups and downs and that problems can be resolvedI know that violence is never the right way to solve a problemI know that experiencing problems within a friendship is normal **Skills:**I can explain some steps I can take to resolve problems with my friends **Lesson 3***Friendship: conflict vs bullying* *BV – Mutual Respect***Knowledge:**I know what bullying isI am beginning to know the impact of bullyingI know what help is available in my school if someone is being bullied **Skills:**I can explain some of the possible effects of bullying **Lesson 5***Learning who to trust***Knowledge:**I know what trust isI know why trust in an important part of positive relationships**Skills:**I can name people I trust and explain whyI can explain what I can do if I don’t trust someone or they break my trust **Lesson 6***Respecting differences in others**BV – mutual respect, tolerance of those with different faiths/beliefs***Knowledge:**I know it is important to respect differences between peopleI know how I should treat people who are different to me**Skills:**I can identify similarities and differences between people  | **Lesson 2***Healthy friendships* *BV – mutual respect, individual liberty***Knowledge:**I know physical boundaries are different for different peopleI know I have the right to decide what happens to my body**Skills:**I can explain some boundaries in friendshipsI can explain what consent is **Lesson 3***How my behaviour affects others***Knowledge:**I know how my behaviour can have an impact on othersI know that what I do and say affects others**Skills:**I can think of ways to make others happyI can describe how making others happy makes me feel **Lesson 4***Bullying***Knowledge:**I know the impact bullying can have on individuals I know the role bystanders can play in stopping bullyingI know the reasons some children may bully others**Skills**I can name things I can do if I observe bullying taking place  | **Lesson 1&2 (merge)***Build a friend* *Friendship skills***Knowledge**I know how to form and maintain positive relationships I know that friendships can sometimes be strengthened after an issue has occurred **Skills:**I can set myself a friendship-themed goal I can provide solutions to friendship problems **Lesson 4***Respecting myself* *BV – individual liberty* **Knowledge:**I know that having respect for myself will help me make good choices**Skills**I can identify positive attributes in my peersI can identify positive attributes that make me who I am **Lesson 6***Bullying**BV – mutual respect* **Knowledge:**I know what might lead to someone bullying othersI know who I can talk to if I am worried about bullying**Skills:**I can explain how someone who is being bullied might feel  | **Lesson 1***Respect***Knowledge:**I know what respects means and why it is important I know that everyone deserves a basic level of respect **Skills**I can explain how I can earn respect from my peers and from adultsI can explain when respect might be lost **Lesson 2***Respectful relationships**BV – Mutual Respect***Knowledge:**I know respect is two-way and how we treat others is how we can be expected to be treated I know respect is an important part of relationships I know I should treat people how I wish to be treated **Skills:**I can explain how I want to be respected**Lesson 5** *Resolving conflict* **Knowledge:**I know how to resolve disputes and conflict through negation and compromise **Skills:**I can describe situations where conflict may ariseI can name different strategies to manage conflictI can describe what conflict, negotiate and compromise mean  |
|  |  | **Lesson 6***Change and loss***Knowledge:**I am beginning to know how change and loss can affect peopleI know how memories can make us feelI know that remembering pets of people who have died or no longer live with us can be helpful**Skills:**I can explain how objects can help us to remember people or events.  |  | **Lesson 8***Change and loss***Knowledge:**I know what a bereavement isI know where to go for help if I or someone I know needs it following a bereavement **Skills:**I can explain some things that might help someone who has experienced a bereavement  |  | **Lesson 6***Change and loss***Knowledge:**I know that loss and change can cause a range of emotionsI know that grief is different for different people and in different situations **Skills:**I can explain what grief meansI can identify who I can talk to if I’m worried about anything relating to grief  |
|  | **Lesson 7***Gender stereotypes**BV – Mutual Respect***Knowledge**I am beginning to know what is meant by a stereotypeI know that stereotypes about boys and girls exists **Skills**I can explain why often stereotypes are incorrect | **Using Expect Respect lesson***Gender, careers and assumptions**BV – Mutual Respect***Knowledge:**I know that assumptions are sometimes made about whether a job is more suited to a male of female I know how stereotyping might affect a job/career choice **Skills:**I can explain what a gender stereotype is I can begin to challenge a gender stereotype using examples  | **Lesson 7&8 (merge)***Stereotyping: gender and age**BV – Mutual Respect***Knowledge:**I know that stereotypes are present in everyday life and based on different factorsI know why stereotypes are negative**Skills:**I can explain why stereotypes are unfairI can explain some stereotypes exist about older people as well as gender | **Lesson 5&6 (merge)***Stereotypes: gender and disability* *BV – Mutual Respect***Knowledge:**I know that there are stereotyped characters that might influence childrenI know that stereotypes can affect how I see people I know that stereotypes can relate to a number of factors **Skills:**I can explain the negative impact of stereotypes I can identify fictional characters who reinforce stereotypes I can talk about people who do not conform to stereotypes  | **Lesson 7&8 (merge)***Stereotyping: Gender**stereotypes: Race and religion* *BV – mutual respect, Rule of Law, Tolerance of those with different faiths/beliefs* **Knowledge:**I know that attitudes and laws relating to gender have changed over time I know that stereotypes around race and religion can be harmful**Skills:**I can explain why gender equality is important I can explain how stereotypes can affect the way people are treated and can lead to discrimination I can explain how we make assumptions about people based on how they look  | **Using Expect Respect Lesson***Court room game***Knowledge:**I know the impact that gender stereotyping can have I know I can challenge stereotypes **Skills:**I can listen to and respect other people’s opinions I can explain how people my age can make changes happen  |
| Expect Respect |
| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| *Looking at and challenging gender expectations using toys***Knowledge:**I know some toys are seen as boys’ or girls’ toys but anyone can choose to play with what they like **Skills:**I can say what I like to play with at home and school  | *Friends, secrets and people who can help us* **Knowledge:**I know how my behaviour can affect othersI know where or who I can go to, to get help. **Skills:**I can say what is a good secret and what is a bad secretI can distinguish between friendly and unfriendly behaviour  | *Gender, careers and assumptions***Knowledge:**I know that assumptions are sometimes made about whether a job is more suited to a male of female I know how stereotyping might affect a job/career choice **Skills:**I can explain what a gender stereotype is I can begin to challenge a gender stereotype using examples | *Resolving conflict and where to get help***Knowledge:**I know that friendships have ups and downs and that problems can be resolvedI know that violence is never the right way to solve a problemI know that experiencing problems within a friendship is normal **Skills:**I can explain some steps I can take to resolve problems with my friends  | *Examining violence, Excuses and responsibilities* **Knowledge:**I know violence is illegal I know we must all take responsibility for our own actions**Skills:**I can say how my behaviour affects othersI can name some ways to avoid violent reactions  | *Secrets and stories***Knowledge:**I know some secrets are unsafe and I know who I can talk to about theseI know I may need to tell a secret to keep someone else safe**Skills:**I can discuss my feelings about secrets and friendships in a class group  | *Court room game***Knowledge:**I know the impact that gender stereotyping can have I know I can challenge stereotypes **Skills:**I can listen to and respect other people’s opinions I can explain how people my age can make changes happen  |
| Safety and the changing body |
| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| **Road safety:****Knowledge:**I know simple road safety – stop, look, and listen,crossing points. | **Lesson 1&2 (merge)***Adults in school**Adults out of school***Knowledge:**I know how to respond to adults in a safe and familiar context and in different situationsI know who I can talk to if I am worried about anything an adult says or does **Skills:**I can identify the DSLs in school I can explain our school’s lanyard system **Lesson 3***Getting lost***Knowledge:**I know what to do if I get lost**Skills:**I can tell someone the name of my parent/carer**Lesson 4***Making an emergency phone call***Knowledge:**I know what an emergency isI know the number to call in an emergency I know my address and postcode **Lesson 6***Safety with substances***Knowledge:**I know what I can safely put into my bodyI know what I can safely put onto my body**Skills:**I can explain why I should never put some things into my body**Lesson 7***Safety at home* **Knowledge:**I know there can be hazards in the homeI know what to do if there is an accident at home **Skills:**I can explain how I can make things safer by following simple rules | **Lesson 6&7 (merge)***Road safety**Crossing roads safely* **Knowledge:**I know ways to stay safe on or near roads**Skills:**I can explain some rules to keep safe near traffic **Lesson 8***Staying safe with medicine* **Knowledge:**I know I should only take medicines if a grown up whom I trust says it is OK **Skills:**I can explain how I feel if I’m unwellI can explain things that make me feel better  | **Lesson 1***First Aid: Emergencies and calling for help***Knowledge:**I know it is most important to ensure the safety of myself and others in the event of an emergency.I know the information I need to give to emergency services if they are called to an incident.**Skills:**I can assist in an emergency by correctly calling for help.**Lesson 2***First Aid: bites and stings* **Knowledge:**I know how to help if someone has been bitten or stungI know how to assess a casualty’s condition calmly and identify an allergic reaction to a bite or sting.I know how to seek medical help if required.**Skills:**I can comfort and reassure a casualty who has been bitten or stung.**Lesson 8***Keeping safe out and about* **Knowledge:**I know the basic rules for keeping safe on or near roads.**Skills:**I can explain rules for keeping safe. | **Lesson 3:***First Aid: Asthma* **Knowledge:**I know how to help someone with asthma.I know how to seek medical help if required.**Skills:**I can ensure the safety of myself and others.I can assess a casualty’s condition calmly.I can comfort and reassure a casualty who is having an asthma attack. | **Lesson 6***First Aid: Bleeding* **Knowledge:**I know that it is important to ensure the safety of myself and others.I know how to comfort and reassure a casualty who is bleeding.**Skills:**I can assess a casualty’s condition calmly.I can explain how to seek medical help if required. | **Lesson 7***First aid: Choking***Knowledge:**I know how to seek medical help if required for a choking casualtyI know how to recognise when someone is choking**Skills:**I can explain how to administer first aid to a casualty who is choking (including giving back blows and tummy thrusts).**Lesson 8***First aid: Basic Life Support***Knowledge:**I know how to seek medical help**Skills:**I can explain how to conduct a primary survey.I can place a casualty who is unresponsive and breathing normally into the recovery position. |
|  | **Lesson 5***Appropriate contact* **Knowledge:**I know the difference between acceptable and unacceptable physical contactI know that some types of physical contact are never appropriate  | **Lesson 3***Secrets and surprises***Knowledge:**I know the difference between secrets and surprises**Skills:**I can explain what a secret isI can explain what a surprise is **Lesson 4***Appropriate contact: My private parts***Knowledge:**I know what ‘private’ means**Skills:**I can name parts of the body I can name the private parts of my body correctly **Lesson 5***Appropriate contact: My private parts are private***Knowledge:**I know the PANTS ruleI know safe and unsafe touch**Skills:**I can name someone I can talk to if I am worried about something | **Lesson 6***Making choices***Knowledge:**I know some choices I can make.I know why some decisions are made for me.**Skills:**I can explain who might make choices for me.**Lesson 7***Influences**BV individual liberty***Knowledge:**I know that there are people who will influence what I choose.**Skills:**I can explain how someone’s influence might not be good for me. | **Lesson 4***Privacy and secrecy* **Knowledge:**I know who I can talk to if I am worried or uncomfortable about something an adult doesI know the difference between private and public.**Skills:**I can explain the difference between a secret and a surprise.**Lesson 6***Growing up***Knowledge:**I know I have changed physically and developed skills in my life so far.**Skills:**I can identify some physical changes I will go through before I become an adult.I can identify things I will be able to do when I am an adult that I cannot do now.**Lesson 7***Introducing puberty***Knowledge:**I know that my body will change as I become an adult.I know that different changes happen to males and females.**Skills:**I can identify some physical differences between child and adult bodies.I can explain ways to look after my personal hygiene.**Lesson 8***Tobacco* **Knowledge:**I know the possible risks of smoking tobacco.I know the benefits of being a non-smoker.I know what the law states about buying tobacco. | **Lesson 3***Puberty***Knowledge:**I know how the body changes as a child becomes an adult.**Skills:**I can accurately label sexual external parts of the body.I can accurately label internal reproductive organs.**Lesson 4***Menstruation* **Knowledge:**I know the process of the menstrual cycle.I know who I can go to for help if I need to.**Skills:**I can explain some changes I will go through during puberty.**Lesson 5***Emotional changes in puberty***Knowledge:**I know that puberty changes my feelings as well as my bodyI know everybody is different and differences are normalI know who I can talk to if I’m worried about anything**Lesson 7***Alcohol, drugs and tobacco: making decisions***Knowledge:**I know that other people might try to influence my decisions and choicesI know some strategies I can use to overcome pressure from others**Skills:**I can explain some things I can make my own decisions about | **Lesson 4***Physical and emotional changes in puberty***Knowledge:**I know changes that happen during puberty, for girls and boys.**Skills:**I can name parts of the bodyI can use my knowledge to answer other people’s problems **Lesson 5***Conception* ***\*PARENT’S CAN WITHDRAW*****Knowledge:**I know the menstrual cycle.I know how a baby is conceived.**Lesson 6***Pregnancy and birth****\*PARENT’S CAN WITHDRAW*****Knowledge:**I know how a baby develops in the womb during pregnancy.**Skills:**I can identify some of the things a baby needs.Alcohol, Drugs and Tobacco – covered by the STAR programme.  |
| Health and wellbeing |
| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| **Feelings and emotions:****Knowledge**I know some different emotionsI know some actions and words hurt others feelings **Skills**:I can talk about how I am feelingI can control my emotions using a range of techniques**Celebrating me:****Skills:**I can set my own targets and reflects on progress throughout.I can see myself as a valuable individual and recognise my strengths. | **Lesson 1***Understanding my emotions***Knowledge:**I know simple strategies to help me deal with my emotions**Skills:**I can describe how I feelI can recognise what might cause these feelingsI can identify different ways of responding to emotions **Lesson 2***What am I like?***Knowledge:**I know what I am like/what qualities I have**Skills:**I can identify my strengthsI can think of things I would like to get better atI can set myself small, achievable goals **Lesson 4***Relaxation***Knowledge:**I know how to relax in different waysI know when relaxation may help me**Skills**I can focus on tensing and relaxing different parts of my body to relaxI can use laughter to help me relax if I am nervous or have lots on my mind  | **Lesson 1***Experiencing different feelings***Knowledge:**I know a range of feelingsI know we often feel more than one emotion at a timeI know not everyone feels the same**Skills:**I can use colours to describe feelingsI can imagine how I would feel in a particular situation **Lesson 3***Relaxation: breathing exercises***Knowledge:**I know how relaxation affects the body I know how to use breathing to help me relaxI know it is important to have relaxation strategies **Skills:**I can describe suitable times and places for using breathing techniques to relax **Lesson 4***Steps to success***Knowledge:**I know what I am good atI know how to ask for help **Skills:**I can say what I want to get better atI can break down goals so they are achievable **Lesson 5***Resilience: developing a growth mindset***Knowledge:**I know that everybody fails sometimesI know that failing isn’t the end of a processI know what a growth mindset is**Skills:**I can describe how I feel when I find something difficult  | **Lesson 2***Relaxation: stretches***Knowledge:**I know the positive impact of relaxing on the body I know when it is a good time to use the technique **Skills:**I can use stretches to ease muscle tension and relax**Lesson 3&4 (merge)***Wonderful me**My superpowers***Knowledge:**I know I am part of different groups and communities I know my identity is linked to the groups I am a member of I know that I can help other people **Skills:**I can say what I am good at I can say how I can use my strengths to help others**Lesson 5***Resilience: breaking down barriers***Knowledge:**I know I can break down barriers into small, achievable steps **Skills:**I can identify a problem or barrierI can break down a problem into smaller goalsI can create a plan to overcome a barrier or issue  | **Lesson 2***Relaxation: Visualisation* **Knowledge:**I know what relaxation feels likeI know that relaxation techniques can be used anywhere**Skills:**I can describe what makes me feel calm and relaxedI can visualise a place that makes me feel calmI can describe this calm place**Lesson 3***Celebrating mistakes***Knowledge:**I know why mistakes are important**Skills:**I can describe how it feels to failI can learn from mistakes or failures **Lesson 4***Meaning and Purpose: My role***Skills:**I can describe my strengthsI can explain how job roles help other peopleI can explain how some skills are useful in a range of jobs and roles **Lesson 5***My happiness* **Knowledge:**I know that all emotions are importantI know I can control some things and not others**Skills:**I can take action to affect my own happiness**Lesson 6***Emotions***Knowledge:**I know a range of emotionsI know it is normal to experience a range of emotions**Skills:**I can identify a range of emotionsI can explain some emotions people may feel in different situations**Lesson 7***Mental Health***Knowledge:**I know we all have mental health as well as physical health I know sometimes people need help with their mental healthI know who I can talk to if I am worried about mine or someone else’s mental health | **Lesson 1***Relaxation: Yoga***Knowledge:**I know the importance of relaxation**Skills:**I can describe what causes me stress or worryI can perform yoga stretchesI can describe how the stretches make me feel**Lesson 3***Embracing failure* **Knowledge:**I know why failure is helpfulI know strategies to help me manage feelings of failure I know it is important to learn from failure**Skills:**I can describe how failing makes me feel**Lesson 4***Going for goals* **Skills:**I can identity what I want to learn or get better atI can say what I need to do to get betterI can estimate how much time goals will take to achieve **Lesson 5***Taking responsibility for my feelings***Knowledge:**I know that my actions affect other people**Skills:**I can describe a range of feelingsI can use different strategies to manage my feelings | **Lesson 1***What can I be?**BV individual liberty* **Knowledge:**I know what my long term goals are and how I can achieve them **Skills:**I can describe qualities I want to haveI can plan how to get better at something  I can create achievable goals**Lesson 2***Relaxation: Mindfulness* **Knowledge:**I know the importance of relaxationI know a range of relaxation strategies**Skills:**I can say when I would use different relaxation strategies **Lesson 5***Resilience Toolbox* **Knowledge:**I know what resilience is**Skills:**I can describe a range of resilience strategiesI can describe why resilience is important  |
| **Health and wellbeing**:**Knowledge:**I know that regular exercise, healthy eating andsensible amounts of screen time, support my overall health and wellbeing.I know the importance of good dental hygiene.**Skills:**I can wash my hands independentlyI can name healthy and unhealthy foods | **Lesson 3***Ready for bed***Knowledge:**I know the benefits of physical activity and restI know I can affect the quality of sleep that I can get I know the importance of sleep**Skills:**I can think of ways to get ready for sleep **Lesson 5***Hand washing and personal hygiene* **Knowledge:**I know how germs are spread and how we can stop them spreading I know why I need to wash my hands**Skills:**I can explain how to wash my hands properly **Lesson 6***Sun safety* **Knowledge:**I know the risks associated with the sun I know the sun can be good for me**Skills:**I can explain the things I need to do to keep myself safe in the sun **Lesson 7***Allergies* **Knowledge:**I know that people can be allergic to things in food or things around them **Skills:**I can explain what to do if I have an allergic reaction or one if my friends does  | **Lesson 7***Looking after our teeth***Knowledge:**I know ways of looking after my teethI know how food and drink can affect my teeth**Skills:**I can explain what I can do to keep my teeth healthy  | **Lesson 1***My healthy diary***Knowledge:**I know what a balanced diet isI know that what I eat affects my mood and behaviour I know I need more energy from food when I am energetic **Skills:**I can plan for a healthy life style including physical activity, rest and diet | **Lesson 1***Looking after our teeth***Knowledge:**I know how we look after our teeth**Skills:**I can understand what to do to keep my teeth healthyI can share this information effectively with my peers | **Lesson 2***The importance of sleep* **Knowledge:**I know I can take responsibility for my own sleepI know what affects sleep**Skills:**I can describe why sleep in beneficial **Lesson 7***Sun Safety***Knowledge:**I know the risks of exposure to the sunI know as I get older I need to take responsibility for my safety in the sun**Skills:**I can explain the things I need to do to keep myself safe in the sun  | **Lesson 3***Taking responsibility for my health***Knowledge:**I know the importance of a healthy diet, good oral hygiene, rest and relaxation and physical activity**Skills:**I can take responsibility for my mental and physical health**Lesson 6***Immunisation* **Knowledge:**I understand ways that I can prevent myself being ill**Skills:**I can explain some benefits of immunisationI can explain how vaccination works**Lesson 7***Good and bad habits***Knowledge:**I know how habits can be good or bad for our healthI know how I can take responsibility for my health**Skills:****I** can explain the consequences of actions**Lesson 8***Physical health concerns***Knowledge:**I understand that changes in my body could be due to illness**Skills:**I can identify who I can talk to if I am worried about anythingI can explain some things I can do for myself if I am ill |
| Citizenship |
| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| **Rules:****Knowledge:**I know the class boundaries and routines.I know some behaviour is unacceptable and try to behave accordingly**Skills:**I can talk about my own behaviour and its consequences.**Prejudice and discrimination:****Skills:**I can show sensitivity to prejudice and discriminations. I can show compassion to others. | **Lesson 1***Rules**BV: Rule of Law***Knowledge:**I know why rules are important**Skills:**I can identify key rules we have in schoolI can explain some consequences of not having or not following rules.**Lesson 4***Similar, yet different**BV:* *Mutual respect, Tolerance of different cultures and religions***Skills:**I can describe what it means to be unique.I can identify things that are the same about people.I can identify things that are different about people.**Lesson 5***Belonging***Knowledge:**I know that there are a range of groups that people belong to.**Skills:**I can identify some groups that I belong to.I can explain that some groups are chosen and some we just belong to.**Lesson 6***Democratic decisions**BV: Democracy* **Knowledge:**I know how voting works.**Skills:**I can explain why voting is a fair way to decide something that affects a lot of people. | **Lesson 1***Rules beyond school**BV: Rule of Law***Knowledge:**I know why rules are important.**Skills:**I can identify different places where rules apply.I can explain who makes rules and why.**Lesson 5***Similar yet different – my local community* **Knowledge:**I know that there are a range of factors which make us who we are.**Skills:**I can identify similarities and differences between groups of people.I can explain how different people contribute to the local community.**Lesson 6***School Council**BV: Democracy* **Knowledge:**I know how the school council works.**Skills:**I can explain how the school council is democratic.**Lesson 7***Giving my opinion**BV: individual liberty* **Knowledge:**I know that I can share my opinion on things that are important to me.**Skills:**I can identify things I would like to make better in school. | **Lesson 1***The rights of a child**BV: individual liberty***Knowledge:**I know that children have rights. I know that not all children benefit from the rights.**Skills**I can explain how some of these rights benefit me.**Lesson 2***Rights and responsibilities* **Knowledge:**I know that children have rights. I know that children have responsibilities to make sure other children can benefit from their rights.**Skills:**I can explain how adults have responsibilities for maintaining children’s rights.**Lesson 4***Local community groups***Knowledge:**I know that there are buildings and places that are there for the community.**Skills:**I can explain what a community is.I can identify groups that exist in the community.I can explain the links between groups.**Lesson 6***Local democracy**BV: Democracy* **Knowledge:**I know how democracy works in the local area.I know that spending on different services needs to be prioritised.**Skills:**I can explain some of the things the council does.**Lesson 7***Rules**BV: Rule of Law***Knowledge:**I know why we have rules at school and home.**Skills:**I can explain some of the consequences of breaking rules.I can identify whether a consequence is fair or not. | **Lesson 1***What are human rights?**BV: individual liberty***Knowledge:**I know that everyone has human rights.I know who helps to protect human rights.**Skills:**I can explain why these rights are important.**Lesson 3***Community* **Knowledge:**I know that a range of different groups exist in my wider community.**Skills:**I can explain why someone might set up or join a community group.**Lesson 4***Contributing***Knowledge:**I understand that groups exist to do different things in a community.**Skills:**I can explain what someone might think about before setting up a group.I can explain how groups help a community.**Lesson 5***Diverse communities* *BV:* *Mutual respect, Tolerance of different cultures and religions***Knowledge:**I know that communities are made up of different groups.**Skills:**I can explain what different people bring to community.I can explain why differences benefit a community.**Lesson 6***Local councillors* *BV: Democracy* **Knowledge:**I know the role of local councillor.**Skills:**I can explain how local residents can share their ideas with the local councillor.I can identify some issues that a local councillor might be able to help with. | **Lesson 1***Breaking the law**BV: Rule of Law***Knowledge:**I know what happens when someone breaks the law.**Skills:**I can explain the process of a trial.**Lesson 2***Rights and responsibilities* *BV:* *Individual liberty, Mutual respect***Knowledge:**I know that rights apply to everyone.I know that there are responsibilities as well as rights.**Skills:**I can explain what freedom of expression means and what limitations there are.**Lesson 4***Contributing to the community* **Knowledge:**I know how contributions to the community are recognised and valued.**Skills:**I can explain how some individuals have contributed to society.**Lesson 6***Pressure groups**BV: Democracy* **Knowledge:**I know what a pressure group is.**Skills:**I can explain how pressure groups can bring about change.**Lesson 7***Parliament* *BV: Democracy* **Knowledge:**I know how Parliament works.**Skills:**I can explain what the parts of parliament are.I can identify some qualities needed to be an MP. | **Lesson 1***Human Rights**BV: individual liberty***Knowledge:**I know human rights are there to protect everyone.I know why individuals campaign for causes they believe in.**Skills:**I can explain why education is important and is included as a human right.**Lesson 4***Prejudice and discrimination* *BV:* *Mutual respect, Tolerance of different cultures and religions***Knowledge:**I know what prejudice and discrimination are and why they are wrong.**Skills:**I can explain how I might challenge prejudice and discrimination.**Lesson 5***Valuing diversity**BV: Mutual respect, Tolerance of those with different faiths and beliefs, Individual liberty***Knowledge:**I know the contribution that people with protected characteristics bring to society.**Skills:**I can identify a range of role models with different characteristics.I can explain how knowing more about people can overcome prejudice.**Lesson 6***National Democracy* *BV: Democracy* **Knowledge:**I know how Government works.**Skills:**I can identify some roles in Government.I can explain some ideas I have for the Government. |
| Identity |
| EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|  |  |  |  |  |  | **Lesson 1***What is identity?***Knowledge:**I know that a range of things make up identityI know that other people might see me differently to how I see myself**Skills:**I can explain some factors which make up my identityI can explain how I might challenge how other people see me**Lesson 2***Identity and body image***Knowledge:**I know that images can be manipulated and are not realistic**Skills:**I can explain why seeing these images all the time might be harmfulI can explain what I can do about these images |